



**2024-25 Season Schedule** \*Subject to change\*

**Pre-Ballet (ages 4-6)**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Pre-Ballet 4:00-5:00pm	Pre-Ballet 10:00-11:00am

**Level 1 (ages 7+)**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Stretch & Extensions 5:00-5:30pm	Ballet 4:00-5:00pm	Feet & Strength 4:30-5:30pm	Ballet 4:00-5:00pm	PBT 5:00-6:00pm	Ballet 11:00-12:00pm
	Floor Barre 5:00-5:30pm		Stretch 5:00-5:30pm		

**Level 2**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ballet 4:00-5:00pm	Floor Barre 5:00-5:30pm	Ballet 3:30-4:30pm	Stretch 5:00-5:30pm	PBT 5:00-6:00pm	Ballet 11:00-12:00pm
Stretch & Extensions 5:00-5:30pm	Pilates for Dancers 7:00-7:30pm	Feet & Strength 4:30-5:30pm	Jumps & Turns 7:00-7:30pm	Contemporary/ Modern 6:00-7:00pm	

**Level 3**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Stretch & Extensions 5:00-5:30pm	Floor Barre 5:00-5:30pm	Feet & Strength 4:30-5:30pm	Stretch 5:00-5:30pm	PBT 5:00-6:00pm	Ballet 12:00-1:30pm
	Ballet 5:30-7:00pm	Pointe** 5:30-6:30pm	Ballet 5:30-7:00pm	Contemporary/ Modern 6:00-7:00pm	
	Pilates for Dancers 7:00-7:30pm		Jumps & Turns 7:00-7:30pm		

**Level 4**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Stretch & Extensions 5:00-5:30pm	Floor Barre 5:00-5:30pm	Feet & Strength 4:30-5:30pm	Stretch 5:00-5:30pm	PBT 5:00-6:00pm	Ballet 12:00-1:30pm
Int Pointe** 5:30-6:30pm	Pilates for Dancers 7:00-7:30pm	Pointe** 5:30-6:30pm	Jumps & Turns 7:00-7:30pm	Contemporary/ Modern 6:00-7:00pm	
Ballet 6:30-8:00pm		Ballet 6:30-8:00pm			

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**Level 5**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Stretch & Extensions 5:00-5:30pm	Floor Barre 5:00-5:30pm	Feet & Strength 4:30-5:30pm	Stretch 5:00-5:30pm	PBT 5:00-6:00pm	Ballet 12:00-1:30pm
Ballet 6:30-8:00pm	Pilates for Dancers 7:00-7:30pm	Ballet 6:30-8:00pm	Jumps & Turns 7:00-7:30pm	Contemporary/ Modern 6:00-7:00pm	
Adv Pointe 8:00-9:00pm	Ballet 7:30-9:00pm	Pointe/Variations 8:00-9:00pm	Ballet 7:30-9:00pm		

**Adult Classes**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Beg Ballet 9:00-10:00am		Beg/Int Ballet 9:00-10:00am		

\*\*By invitation only